

## Building Community Resilience at Garon Park

# IMPACT COMMUNITY RESILIENCE

## ENVIRONMENTAL STEWARDSHIP EMPOWERED YOUTH

GARON PARK CIC

WELLBEING AT GARON PARK

CONSERVATION

YOUTH

### GOAL:

ENHANCE COMMUNITY RESILIENCE, WELLBEING, AND CONSERVATION WITH SPACES & PROGRAMS THAT SUPPORT HEALTH, YOUTH ENGAGEMENT, & ENVIRONMENTAL STEWARDSHIP

#### INPUTS

- GARON PARK ASSETS
- COMMUNITY RESOURCES
- PARTNERS
- FUNDING, SPONSORSHIP & STAFF

#### OUTPUTS

- INCREASED PARTICIPATION
- IMPROVED ACCESS TO NATURE
- STAKEHOLDER ENGAGEMENT
- ACCESSIBLE ACTIVITIES & EVENTS

### ACTIVITIES:

SPORT, HEALTH & FITNESS PROGRAMS  
YOUTH ENGAGEMENT  
COMMUNITY CONSERVATION  
EDUCATION AND AWARENESS  
CITIZEN SCIENCE  
VOLUNTEERING OPPORTUNITIES

### OUTCOMES:

#### SHORT

IMPROVED HEALTH, EDUCATIONAL OUTCOMES, SOCIAL CONNECTIONS

#### MEDIUM

GREATER RESILIENCE, PRODUCTIVITY  
COMMUNITY EMPOWERMENT

#### LONG

SUSTAINABLE WELLBEING,  
ENVIRONMENTAL HEALTH,  
CONNECTED COMMUNITY

### GOAL:

TO IMPROVE THE MENTAL AND PHYSICAL HEALTH AND WELLBEING OF THE LOCAL COMMUNITY IN A SAFE AND INCLUSIVE ENVIRONMENT TO NURTURE AND GROW COMMUNITY RESILIENCE

#### INPUTS

- WELLBEING PARK
- PARTNERS
- COMMUNITY ENGAGEMENT
- FUNDING AND RESOURCE
- EXPERTISE
- INCREASED PARTICIPATION
- STRONGER PARTNERSHIPS
- ACCESS TO GREEN SPACES
- REGULAR COMMUNITY EVENTS
- MONITORING & EVALUATION

#### OUTPUTS

### ACTIVITIES:

PARTNER COLLABORATION  
HEALTH AND FITNESS PROGRAMS  
VOLUNTEERING OPPORTUNITES  
EDUCATIONAL WORKSHOPS  
MENTAL HEALTH SUPPORT  
•COMMUNITY EVENTS

### OUTCOMES:

#### SHORT

IMPROVED MENTAL HEALTH,  
INCREASED PHYSICAL ACTIVITY,  
STRONGER COMMUNITY TIES

#### MEDIUM

GREATER RESILIENCE, IMPROVED LIFE  
EXPECTANCY, LESS RELIANCE ON NHS

#### LONG

SUSTAINABLE WELLBEING, GREATER  
PRODUCTIVITY

### GOAL:

TRANSFORM GARON PARK INTO A RESILIENT, SUSTAINABLE, COMMUNITY-DRIVEN SPACE THAT FOSTERS CONSERVATION, PROMOTES ENVIRONMENTAL AWARENESS, & BUILDS LOCAL RESILIENCE

#### INPUTS

- LAND AND RESOURCES.
- GREEN INVESTMENTS
- ECOSYSTEM STAKEHOLDERS
- ENVIRONMENTAL COLLABORATION

#### OUTPUTS

- ENHANCED GREEN SPACES
- EDUCATIONAL MATERIALS
- COMMUNITY CONNECTIONS
- BIODIVERSITY MONITORING

### GOAL:

CREATE POSITIVE FUTURES & COMMUNITY RESILIENCE BY PROVIDING A SAFE SPACE FOR YOUTH TO PLAY SOCIALISE, & LEARN, WHERE THEY ARE SUPPORTED, VALUED, RESPECTED, & EQUIPPED TO REACH THEIR POTENTIAL

#### INPUTS

- SELF HELP/SELF-GUIDED SUPPORT
- GARON PARK ASSETS & FACILITIES
- COMMUNITY RESOURCES
- FUNDING AND STAFF
- INCREASED PARTICIPATION
- STRONGER PARTNERSHIPS
- ACCESS TO GREEN SPACES
- REGULAR COMMUNITY EVENTS
- MONITORING AND EVALUATION

#### OUTPUTS

### ACTIVITIES:

REWILDING PROJECTS:  
COMMUNITY WELLBEING PROGRAMS  
•EDUCATIONAL INITIATIVES  
•RECREATIONAL OPPORTUNITIES  
•COMMUNITY ENGAGEMENT  
CITIZEN SCIENCE  
VOLUNTEERING OPPORTUNITIES

### OUTCOMES:

#### SHORT

IMPROVED HEALTH, CONSERVATION  
AWARENESS, COMMUNITY ENGAGEMENT

#### MEDIUM

ENHANCED BIODIVERSITY & ECOSYSTEM  
SERVICES PROVISION

#### LONG

RESILIENT, SUSTAINABLE GARON PARK

### ACTIVITIES:

PROGRAM CO-DESIGN  
ENGAGEMENT  
CONSERVATION INITIATIVE  
TIMETABLE  
FEEDING PROGRAMME  
YOUNG SCIENTISTS  
VOLUNTEERING OPPORTUNITIES

### OUTCOMES:

#### SHORT

IMPROVED HEALTH, EDUCATIONAL  
OUTCOMES, SOCIAL CONNECTIONS.

#### MEDIUM

ASSURED PATHWAYS, SENSE OF  
BELONGING, CONNECTION WITH  
NATURE.

#### LONG

YOUTH VOICE IN DECISION-MAKING,  
RESILIENCE TO FUTURE CHALLENGES.

[www.garonpark.com](http://www.garonpark.com)